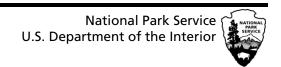
Day Hike - Rim Trail Grand Canyon National Park



Trail Condition: Inclines to flat. Well defined. Shade along trail. Part of the trail is paved and accessible.

Directions to Trailhead: Begin from any viewpoint in the village or along Hermit Road. Can access the trail from many of the shuttle bus stops.

Trailhead Elevation: 6,820 feet, varies approximately 200 feet.

Services: NO assistance on trail between shuttle bus stops along Hermits Rest.

Note: NO water along trail. Water in Grand Canyon Village area and at Hermits Rest.

Hiking the Rim trails are ideal day hikes. They offer a variety of different views along trails that offer good hiking with little elevation change.

Everyone needs to carry water! Even though you will be hiking on the rim, you still need to carry water. Always remember to eat as well as drink while hiking, you will be using a lot of energy when hiking the canyon.

Destination	Distance (in Miles) To Next Point	Services: W = Water; T = Toilet;		Notes
		W	Т	
Pipe Creek Vista	1.3			Paved trail begins here and heads west towards the village. Shuttle bus stop.
Mather Point	.7		Х	Closest overlook to Canyon View Information Plaza.
Yavapai Point	.75		Х	Glass observation area with canyon information. Shuttle bus stop.
Park Headquarters junction	1			The trail between this point and the next passes historic buildings, restrooms, and water.
Village Route Transfer	.7			Shuttle bus stop.
Trailview Overlook	.7			Good views of the Bright Angel Trail. Shuttle bus stop.
Maricopa Point	.5			Pavement ends and trail becomes unmarked dirt path from here. Shuttle bus stop.
Powell Point	.3			Shuttle bus stop.
Hopi Point	.8		Х	Great for viewing the sunset. Shuttle bus stop.
Mohave Point	1.1			Shuttle bus stop.
The Abyss	2.9			Shuttle bus stop.
Pima Point	1.1			Shuttle bus stop.
Hermits Rest		Х	Х	Small gift shop and snack bar. Shuttle bus stop.

Successful hikers:

- Plan their hike before they start and go prepared.
- Hike during the cooler, shadier time of the day.
- Go slowly, rest often, and stay cool.
- Eat salty foods and drink water or sports drink.

Depending on how prepared you are, your trip can be a vacation or a challenge, a revelation or an ordeal. Over 250 people are rescued from the canyon each year. The difference between a great adventure in Grand Canyon and a trip to the hospital (or worse) is up to YOU.